Alcohol and the teenage brain

A child’s brain continues developing until they are into their EARLY 20’s

Alcohol is a drug that can disrupt a young person’s brain development

Areas that continue development through adolescence

FRONTAL LOBE: speech, emotions, reasoning
(HIPPOCAMPUS: learning and memory)

PRE-FRONTAL CORTEX: rational thinking, memory, personality, behaviour

TEMPORAL LOBE: interpretation of sounds and spoken language

CEREBELLUM: movement and balance

So...

Check out our resources:
www.lifeeducation.org.au/reading

Arrange a visit to your school:

Life Education suggests
As alcohol consumption can have negative effects on brain development, the longer a young person delays the use of alcohol the more chance the brain has to finish its development.

www.lifeeducation.org.au