The Navy are ‘all aboard’ again for Ocsober 2013

Chief of Navy, Vice Admiral (VADM) Ray Griggs, and Chief Executive Officer for Life Education NSW, Mr Jay Bacik, have launched the national Ocsober Awareness campaign at the Australian Defence Force Academy Pool with a 24 hour team relay swim.

Navy personnel entered the water at midday Friday on 6 September for the continuous swim which concluded on midday Saturday.

VADM Griggs thanked the Navy swimmers for giving their time and supporting such a great cause.

"Last year we were the top corporate contributor in terms of fundraising with over $45,000, and we’re well on our way to that already with a month before we start Ocsober," VDM Griggs said.

Navy is in its fourth year of supporting Life Education’s Ocsober campaign, which encourages Aussies to go “sober” to raise money for Life Education Australia.

The aim of Ocsober 2013 is to raise funds to help Life Education and Healthy Harold reach even more Australian school children across the country.

Sign up at:
www.ocsober.com.au

(Front centre) Chief Executive Officer for Life Education NSW, Mr Jay Bacik, Healthy Harold and Chief of Navy, Vice Admiral (VADM) Ray Griggs are joined by Navy swimmers at the Australian Defence Force Academy Pool for the 24 hour team relay swim.

Something to think about...

These are the things I learned (in Kindergarten):

1. Share everything.
2. Play fair.
3. Don’t hit people.
4. Put things back where you found them.
5. CLEAN UP YOUR OWN MESS.
6. Don’t take things that aren’t yours.
7. Say you’re SORRY when you HURT somebody.
8. Wash your hands before you eat.
10. Warm cookies and cold milk are good for you.
11. Live a balanced life - learn some and drink some and draw some and paint some and sing and dance and play and work everyday some.
12. Take a nap every afternoon.
13. When you go out into the world, watch out for traffic, hold hands, and stick together.
14. Be aware of wonder. Remember the little seed in the Styrofoam cup: The roots go down and the plant goes up and nobody really knows how or why, but we are all like that.
15. Goldfish and hamster and white mice and even the little seed in the Styrofoam cup – they all die. So do we.
16. And then remember the Dick-and-Jane books and the first word you learned - the biggest word of all - LOOK.”

Robert Fulghum, All I Really Need to Know I Learned in Kindergarten
Ken Keith is the Mayor of Parkes. Cr Keith was educated at Yanco Agricultural High School and the University of Sydney, specialising in agricultural education. He taught at Forbes and Windsor High Schools before returning home to run a family farm of Merino sheep and a Merino X Border Leicester first cross lamb production enterprise. Ken also has a small tillage operation of wheat, canola, barley, lupin and oats.

Ken has been an active sportsman and still enjoys a game of golf and swimming laps for fitness. He has retired from coaching cricket and soccer and officiating with these sports. He and his wife Sue have 3 adult sons and much time is spent watching their sporting interests.

Ken has been involved in Local Government for over 30 years and is the current Mayor. He also chairs Centroc, the Melbourne to Brisbane Inland Rail Alliance and the Newell Highway Task-force. He has been involved in and is passionate about Life Education since its inception in the Central West.

Cr. Ken Keith Mayor of Parkes

Among the things he wrote was this "I believe that imagination is stronger than knowledge. That myth is more potent than history. That dreams are more powerful than facts. That hope always triumphs over experience. That laughter is the only cure for grief. And I believe that love is stronger than death."

Life education doesn’t concentrate on only information and knowledge “Imagination” is a big part of what we do.

One of the sad things about being an adult is that we tend to lose our imagination. Great visionaries had great imagination. Disneyland was in Walt Disney’s brain before the first sod was turned in Anaheim. The Sydney Opera house was designed in the mind of a great Dane! You get the picture.

Our use of the wonderful Healthy Harold mascot has taken the Life Education message to unimaginable heights in the minds of each child.

I frequently ask young adults do they know about Life Equation the answer is mostly “no” but ask about Healthy Harold and the answer is “yes” by a large measure.

Lest you think that Robert Fulghum was a flaky mystic and romanticist, he actually plagiarised the first part of the quote from Albert Einstein who said “Imagination is more important than knowledge. For knowledge is limited to all we now know and understand, while imagination embraces the entire world, and all there ever will be to know and understand.”

Geniuses know this and so do children.

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State Member and Harold Ambassador pays a visit to Thurgoona PS

Healthy Harold Life Education Ambassador Mr Greg Aplin MP, State Member for Albury, recently visited Thurgoona Public School and presented Michael Parrington Life Education NSW manager of education and training with a cheque for $3,900 from the Community Building Partnership Fund to be used for the maintenance and upgrade of the van.

“I have a history with Life Education because I believe in the principles and the Life Education process,” Mr Aplin said.

“I’d like to see it reach every young child because I think it instills very important messages from an early age.

“I’ve been involved with Life Education since almost near commencement of the mobile vans, in fact I was on the fund-raising committee for the second mobile van in NSW in Orange.”

Mikaela Kelly and CJ VanDyke were asked about their experience with Healthy Harold.

“It’s good, they teach us about healthy eating and just being healthy,” Mikaela said.

“So when you’re older you know what’s healthy and what’s not, and not to smoke and do drugs,” CJ added.

St George Life Education celebrates 25 years

On Friday 16th August St George Life Education held a thank you dinner. The night included awards and recognition for all those who have supported St George Life Education. Great music was provided by Michelle Lansdowne and friends a former Life Education educator in St George.

Chair, Marion Smith, who was presented with a “Harold Star” award, not only acted as the event coordinator but was integral in gaining support from Mr Mark Coure, Member for Oatley and Healthy Harold and Life Education Ambassador, as well as many other local businesses.

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On Sunday 25th August 3 of our educators, Donna Burton, Zoe Sansom and Miriam Deshayes together with supporters from one of our major sponsors BUPA and 5000 runners took part in the 21st Annual Pub 2 Pub Charity Fun Run & Walk - 13km from Dee Why SLSC to Sydney’s famous pub icon, The Newport Arms Hotel.

To date a total of $370,000 or more will be raised for some amazing charities. Life Education is proud to be a charity partner.

Zoe Sansom told us “The race went well and it was such a beautiful day! It was great to see so many participants in this community event. It was also great to share the experience with a fellow educator.”

Harold would like more of us to join him in 2014 on the 4th Sunday in August, so mark your diaries now!
Congratulations to all those who made the 6th Annual Gold Harold awards at the Sofitel Sydney Wentworth on Thursday 25th July an outstanding success for Life Education!

Each year, Life Education celebrates the achievement of leading Australian individuals or organisations that have made a significant contribution to the health and wellbeing of Australia’s children and young people.

Included in the many highlights of the evening was the presentation of the Harold’s Best Mate award to former Chair Life Education Australia, the Hon. Bob Ellicott. In accepting the award Bob spoke passionately about his involvement with Life Education since its formation in 1979 and his relationship with both the Wayside Chapel and Life Education’s founder Rev. Ted Noffs.

Please download and take the time to listen to Bob’s speech http://youtube/Jhz84AMlxVk

Congratulations to all our winners and nominees on the night.

**Beverley Heathcote: Winner of the Ted Noffs Award**

The Ted Noffs Award provides Life Education the opportunity to acknowledge the exceptional contribution made by a staff member. The late Ted Noffs was a great Australian humanitarian. Life Education was founded by Ted in 1979. This year’s winner, Beverley Heathcote, pictured with The Hon Alan Cadman Chairman Life Education NSW, has served the Life Education movement for 20 years – in a variety of capacities – most importantly as the long standing personal assistant to both the National as well as NSW Chief Executives, as well as the NSW Company Secretary.

She has brought to the organisation a unique combination of skills – both a competency to organise as well as graciousness under pressure.

**Thanks to our Life Education NSW sponsors:**


Thank you to our supporters a variety of Rotary Clubs, Lions Clubs, Councils and Shires in NSW, Advanced Life Photography and our Volunteer Life Action Groups

**Thank you to our Life Education National Sponsors**

Bupa, McAfee, Educational Experience, Samsung

If you would like to donate or volunteer contact Jay Bacik Ph: 02 9673 3222 e: jbacik@lifeeducation.org.au