

POST VISIT ACTIVITY		New K-10 PDHPE Syllabus	
<p>IT'S A PUZZLE</p>	<p>KEY INQUIRY QUESTIONS</p> <p>How can I contribute to promote healthy, safe and active communities?</p> <p>What skills and strategies do we need to be healthy safe and empowered?</p>	<p>SKILL DOMAINS</p> <p>Interpersonal skills Self-management skills</p> <p>CONTENT STRANDS</p> <p>Health, wellbeing and relationships Healthy, safe and active lifestyles</p> <p>CONTEXTS FOR LEARNING</p> <p>Personal identity Mental health and wellbeing Relationships Safety</p>	
<p>CONTENT DESCRIPTOR</p> <p>Describe safe and respectful behaviours when using communication technology</p>	<p>OUTCOMES</p> <p>PD2-2 explains and uses strategies to develop resilience and to make them feel comfortable and safe</p> <p>PD2-3 explains how empathy, inclusion and respect can positively influence relationships</p> <p>PD2-7 describes strategies to make home and school healthy, safe and physically active spaces</p> <p>PD2-10 demonstrates a range of interpersonal skills that build and enhance relationships and promote inclusion in various situations</p>		

POST VISIT ACTIVITY		New K-10 PDHPE Syllabus	
<p>PICTUREWISE</p>	<p>KEY INQUIRY QUESTIONS</p> <p>Why are empathy, inclusion and respect important in our relationships?</p> <p>How can I contribute to promote healthy, safe and active communities?</p> <p>What skills and strategies do we need to be healthy safe and empowered?</p>	<p>SKILL DOMAINS</p> <p>Interpersonal skills Self-management skills</p> <p>CONTENT STRANDS</p> <p>Health, wellbeing and relationships Healthy, safe and active lifestyles</p> <p>CONTEXTS FOR LEARNING</p> <p>Personal identity Mental health and wellbeing Safety</p>	
	<p>CONTENT DESCRIPTOR</p> <p>Describe safe and respectful behaviours when using communication technology</p> <p>Identify strategies for keeping personal information safe online</p>	<p>OUTCOMES</p> <p>PD2-1 explores strategies to manage physical, social and emotional change</p> <p>PD2-2 explains and uses strategies to develop resilience and to make them feel comfortable and safe</p> <p>PD2-3 explains how empathy, inclusion and respect can positively influence relationships</p> <p>PD2-7 describes strategies to make home and school healthy, safe and physically active spaces</p> <p>PD2-9 demonstrates self-management skills to respond to their own and others' actions</p> <p>PD2-10 demonstrates a range of interpersonal skills that build and enhance relationships and promote inclusion in various situations</p>	

POST VISIT ACTIVITY		New K-10 PDHPE Syllabus	
<p>SPOT BULLYING</p>	<p>KEY INQUIRY QUESTIONS</p> <p>How does who I am influence others?</p> <p>Why are empathy, inclusion and respect important in our relationships?</p>	<p>SKILL DOMAINS</p> <p>Interpersonal skills Self-management skills</p> <p>CONTENT STRANDS</p> <p>Health, wellbeing and relationships</p> <p>CONTEXTS FOR LEARNING</p> <p>Personal identity Mental health and wellbeing Relationships Safety</p>	
	<p>CONTENT DESCRIPTOR</p> <p>Identify responsible, self-protective and assertive techniques to respond to unsafe or disrespectful online and offline situations</p> <p>Demonstrate strategies to deal with both face to face and online bullying</p>	<p>OUTCOMES</p> <p>PD2-1 explores strategies to manage physical, social and emotional change</p> <p>PD2-2 explains and uses strategies to develop resilience and to make them feel comfortable and safe</p> <p>PD2-3 explains how empathy, inclusion and respect can positively influence relationships</p> <p>PD2-7 describes strategies to make home and school healthy, safe and physically active spaces</p> <p>PD2-9 demonstrates self-management skills to respond to their own and others' actions</p> <p>PD2-10 demonstrates a range of interpersonal skills that build and enhance relationships and promote inclusion in various situations</p>	

POST VISIT ACTIVITY		New K-10 PDHPE Syllabus	
<p>TRAFFIC LIGHTS</p>	<p>KEY INQUIRY QUESTIONS</p> <p>How can I take action to enhance my own and others' health, safety, wellbeing and participation in physical activity?</p>	<p>SKILL DOMAINS</p> <p>Interpersonal skills Self-management skills</p> <p>CONTENT STRANDS</p> <p>Health, wellbeing and relationships</p> <p>CONTEXTS FOR LEARNING</p> <p>Personal identity Mental health and wellbeing Safety</p>	
<p>CONTENT DESCRIPTOR</p> <p>Identify strategies for keeping personal information safe online</p>	<p>OUTCOMES</p> <p>PD2-7 describes strategies to make home and school healthy, safe and physically active spaces</p> <p>PD2-9 demonstrates self-management skills to respond to their own and others' actions</p>		

POST VISIT ACTIVITY	LIFE EDUCATION CONTENT DESCRIPTIONS	New K-10 PDHPE Syllabus	
<p>COMMUNICATION</p>	<p>Describe the characteristics of positive interpersonal relationships</p> <p>Accepts that positive interactions with others can enhance their wellbeing, self-respect and relationships with others</p>	<p>KEY INQUIRY QUESTIONS</p> <p>How does who I am influence others?</p> <p>Why are empathy, inclusion and respect important in our relationships?</p> <p>What skills and strategies do we need to be healthy, safe and empowered?</p>	<p>SKILL DOMAINS</p> <p>Interpersonal skills Self-management skills</p> <p>CONTENT STRANDS</p> <p>Health, wellbeing and relationships Healthy, safe and active lifestyles</p> <p>CONTEXTS FOR LEARNING</p> <p>Personal identity Mental health and wellbeing Relationships Safety</p>
<p>CRACK THE CODE</p>	<p>Describe the characteristics of positive interpersonal relationships</p>	<p>OUTCOMES</p> <p>PD2-1 explores strategies to manage physical, social and emotional change</p> <p>PD2-2 explains and uses strategies to develop resilience and to make them feel comfortable and safe</p> <p>PD2-3 explains how empathy, inclusion and respect can positively influence relationships</p> <p>PD2-7 describes strategies to make home and school healthy, safe and physically active spaces</p> <p>PD2-9 demonstrates self-management skills to respond to their own and others' actions</p> <p>PD2-10 demonstrates a range of interpersonal skills that build and enhance relationships and promote inclusion in various situations</p>	

POST VISIT ACTIVITY	LIFE EDUCATION CONTENT DESCRIPTIONS	New K-10 PDHPE Syllabus	
<p>THUMBS UP, THUMBS DOWN</p>	<p>Describe safe and respectful behaviours when using communication technology</p>	<p>KEY INQUIRY QUESTIONS</p> <p>Why are empathy, inclusion and respect important in our relationships?</p> <p>What skills and strategies do we need to be healthy safe and empowered?</p> <p>How does who I am influence others?</p>	<p>SKILL DOMAINS</p> <p>Interpersonal skills Self-management skills</p> <p>CONTENT STRANDS</p> <p>Health, wellbeing and relationships Healthy, safe and active lifestyles</p> <p>CONTEXTS FOR LEARNING</p> <p>Personal identity Mental health and wellbeing Relationships Safety</p>
<p>PERSONAL INFORMATION TARGET</p>	<p>Identify strategies for keeping personal information safe online</p>	<p>OUTCOMES</p> <p>PD2-1 explores strategies to manage physical, social and emotional change</p> <p>PD2-2 explains and uses strategies to develop resilience and to make them feel comfortable and safe</p> <p>PD2-3 explains how empathy, inclusion and respect can positively influence relationships</p> <p>PD2-7 describes strategies to make home and school healthy, safe and physically active spaces</p> <p>PD2-10 demonstrates a range of interpersonal skills that build and enhance relationships and promote inclusion in various situations</p>	